LONG AND SLOW, 
TIME TO GO!

IF YOU FEEL STRONG SHAKING,
A TSUNAMI MAY BE COMING...

• **Drop, Cover, and Hold On** until the
earthquake is over. Protect yourself.

• **Run Inland to High Ground.**
LEAVE IMMEDIATELY. DO NOT WAIT
for an official warning. GO ON FOOT.

• **Follow Evacuation Route Signs**
and **Arrows** to your **nearest safety
destination** out of the tsunami zone.

• **Do not slow down.** Maintain your
speed until you leave the tsunami zone.
Safety may be identified by **BLUE
LINES** painted across the road or by an
Assembly Area* sign. Once safe, go to
the nearest Assembly Area* or
neighborhood gathering site.

• **Do not return to the beach.** Large
waves may continue to come onshore
for up to 12 hours. **WAIT** for official
NOAA tsunami cancellation and a
**cautionary re-entry notice** by local
emergency officials before returning to
low lying areas.

A **LOCAL TSUNAMI** can reach the shore in
10 to 20 minutes after the earthquake —
before there is time for an official warning
from the national warning system.

Ground shaking from the earthquake may be the only
warning you receive. Quickly move inland to high
ground.

A **DISTANT TSUNAMI** will take 4 hours or
more to reach the shore. You will feel no
earthquake, and the tsunami will be smaller
than that from a local earthquake. There is
time for an official warning, evacuation, and
assistance from local emergency officials.

Look for tsunami hazard zone signs and be ready to
leave an area by following evacuation route signs.

Know and practice your evacuation route.

*Assembly Areas are shown on the map, where
identified.

Evacuate to your nearest point of safety first. Make your
way to your nearest Assembly Area after large waves
have stopped.
IF YOU FEEL AN EARTHQUAKE:
• Drop, cover and hold
• Move immediately inland to higher ground
• Do not wait for an official warning

SI USTED SIENTE EL TEMBLOR:
• Tírese al suelo, cúbrase, y espere
• Diríjase de inmediato a un lugar más alto que el nivel del mar
• No espere por un aviso oficial

INFORMATION:
Visit OregonTsunami.org to find more great resources!